

## Holy Thursday

**Background:** What is Holy Thursday? On Holy Thursday we remember the Last Supper and the institution of the Eucharist. Jesus also washes the feet of his disciples. This reminds us that we are called to serve one another.

### A. Opening Prayer

1. *Our Father*
2. Hail Mary
3. Intentions – Ask for any intentions that anyone in the family might have for someone else, the world, those in need, our government etc.

### B. Read Out Loud: John 13:1-15

- John is the fourth Gospel found in the New Testament
  - The (13) refers to the chapter and will be noted by the larger bold number in the Bible
  - the (1-15) refers to the verses that will be read, these are the smaller numbers
- 1. Select a family member to be the “Reader”
- 2. Have them read the passage out loud.
- 3. Have your family discuss and reflect on the following:
  - a. Why do you think it was important the Jesus washed the disciples feet?
  - b. What do you think it means to “wash another person’s feet”?
  - c. If you were there, how would you feel if Jesus washed your feet?

### C. Activity – Washing of the Feet (or hands)

Materials:

1. Access to water
2. Towels
3. Pitcher
4. A plastic tub/sink/or outdoor area

#### Directions:

1. You can do this over the sink, using a plastic tub or outdoors.
2. If you use the sink, you can wash someone’s hands instead.
3. Starting with the oldest member of the family, have them wash the youngest member of the family’s hands/feet. They will do this by pouring water over the hand/feet.
4. When they are done “washing” the hands/feet, they will gently dry the person’s hands/feet.
5. The person who had their hand/feet wash will select the next person to have their hand/feet wash and this will continue until all members of the family have had their hands/feet washed

#### For reflection/discussion:

1. How did you feel when you first heard you would have to wash someone else’s hands/feet?
2. How did it actually feel washing someone else’s hands/feet?
3. How did it feel having your feet/hands washed?
4. Why do you think is it so important to remind ourselves that Jesus washed the feet of his disciples?
5. How do you think you can continue to “be of service” to others during this time?