

Jesus Is the Bread of Life

Activity: The child uses sentence frames as a way to demonstrate his or her understanding that Jesus is the Bread of Life.

Concept

When we celebrate the Eucharist, we celebrate Jesus as the Bread of Life.






What You Need

- ▶ photocopy of Side B of this Lesson Card
- ▶ art supplies
- ▶ play food
- ▶ two plates

At Home

Invite the parents to review the sentence frames with their child two times before next week and to discuss the idea that Jesus is the Bread of Life.

Example

	Jesus is the  of Life.
	is the Bread of Life.
	is the  of Life.

Lesson Steps

- 1 Opening Prayer**
Pray the Sign of the Cross with the child, followed by: *Dear God, you are almighty. Thank you for giving us Jesus. Help us remember that he is the Bread of Life.* Pray the Sign of the Cross.
- 2 Begin with Life Experience**
Show the child play food. Invite the child to place pieces of the play food on a plate in front of him or her to make a meal. Choose some of the play food to put on your plate. Ask the child to tell you about his or her food choices. Offer prompts and other supports to further the discussion. Say: *We eat to keep us strong and healthy.*
- 3 Connect**
Ahead of time, color and cut out the images of Jesus and bread. Say: *Jesus is the Bread of Life.* Explain that when we receive the Eucharist, we are receiving Jesus. Say: *When we receive the Eucharist, we grow closer to God and stronger in our faith.* Show the sentence frames to the child. Model placing the image for Jesus in the first frame and say: *Jesus is the Bread of Life. He helps us grow strong in our faith.* After practicing placing the images in the appropriate boxes at least twice, help the child glue the images in place.
- 4 Closing Prayer**
Pray the Sign of the Cross with the child, followed by: *Thank you, God, for sending Jesus as the Bread of Life. Help all those who seek you know your love and grow in their faith.* Conclude by praying the Sign of the Cross.

