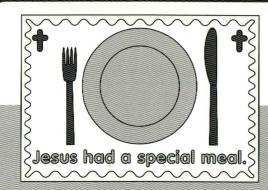
UNIT 4 Sacraments, Our Way of Life

Example

Jesus Had a Special Meal with His Friends

Activity: The child makes a place mat as a reminder that Jesus had a special meal.



Concept

When we celebrate the Eucharist, we remember the meal Jesus shared with his friends.

What You Need

- large blanket
- snacks, such as pretzels, crackers, cookies, juice (Check with parents first.)
- photocopy of Side B of this Lesson Card
- art supplies
- clear page protector

At Home

Invite the parents to review the place mat with their child two times before next week and talk about how their family meals are special.

Lesson Steps

Opening Prayer

Pray the Sign of the Cross with the child, followed by: **Dear God, help us remember the special meal that Jesus shared with his friends.** Pray the Sign of the Cross.

2 Begin with Life Experience

Ask the child to help you spread out a picnic blanket on the floor. Invite the child to sit with you and share snacks. As you eat, talk about things we do during meals. (eat, talk, share, laugh, remember, tell stories, and so on) Say: When we eat food with another person, that time is special.

2 Connect

Have the child color the images on the photocopy of Side B of this card. Help the child put the finished place mat in a page protector. Say: *Before Jesus died, he had a special meal with his friends so they would remember him.* Explain that the child can use the place mat during meals to be reminded of the special meal Jesus shared with his friends.

Closing Prayer

Pray the Sign of the Cross with the child, followed by: **Thank you, Jesus, for helping us remember your special meal today and always.** Conclude by praying the Sign of the Cross.