

Choosing a Sponsor



A Sponsor must be (according to the diocesan policy)

- **A practicing Catholic**
- **Fully initiated in the Catholic faith, (that is, they received the Sacraments of Eucharist, Baptism and Confirmation.)**
- **Sixteen years or older.**
- **May not be the father or mother of the candidate.**

Picking your sponsor should take a lot of thought. They should be a person you look up to, someone active in the Catholic religion and community. Tell us who is your Sponsor and why you picked this person. A Sponsor should be able and willing to help you continue to learn about and grow in your faith. One of your Godparents would be an excellent choice.

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.