

### Nicene Creed

No matter where you go, you will always find the influence of religion, whether you stay in your hometown or travel around the globe, you will always find it. In fact some of the world's most beautiful structures were built because of religion and the search for God. Why is this so? How would you explain it?

Our Catholic faith gives us the answer to these questions: "The desire for God is written in the human heart" because we were created by God and for God. What does this mean? It means that the search for God is a part of being human. And it has been that way from the beginning.

**We as Catholics express our beliefs every time we go to Mass by saying the Nicene Creed.**

*I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.*

*I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.*

*For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.*

*I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.*

*I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.*

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